

10. Hormonal Health Checkup (Male)

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, Uric Acid, Blood Grouping- Rh typing, Urine Routine, Free T4, TSH, LH, FSH, Prolactin, Cortisol, T. Testosterone and ECG

Diet Counselling and Consultation by a Endocrinologist

11. Hormonal Health Checkup (Female)

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, Uric Acid, Blood Grouping- Rh typing, Urine Routine, Free T4, TSH, LH, FSH, Prolactin, Cortisol, T. Testosterone, Estradiol and ECG

Diet Counselling and Consultation by a Endocrinologist

12. Diabetic Review

Lipid Profile, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, HbA1C, Urine Routine

Diet Counselling and Consultation by a Endocrinologist

13. General Checkup (Non-Diabetic)

Haemogram, Fasting Blood sugar, Lipid Profile, Blood Grouping- Rh typing, Urea, Creatinine, Urine Routine

Consultation by a Physician

10. Thyroid Package

Free T3, Free T4, TSH and ATPO.

Diet Counselling and Consultation by a Physician

Important info on health check-up packages

If you are interested in any of our packages, please register your interest at the reception.

We will be able to assist you further, to help you organise this at your convenience. On the day of visit, please come on an empty stomach, between 7-9 am to the center.

We will be more than happy to arrange breakfast if you would prefer to have it in the center.

How to Prepare for the Test

The test may be done while you are fasting or at random. Please ask your doctor or nurse if you have any questions.

If you are having a fasting blood test, you should NOT eat or drink (except water) for at least 10 hours before the test.

Opening Hours of the center: 7 am to 9 pm

Arka Center for Hormonal Health Pvt Ltd
5/2, 1st Avenue, Sastri Nagar, Adyar,
Chennai – 600 020.
Tamilnadu, India

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Glossary

Haemogram

Haemoglobin, Total WBC count, Neutrophils, Lymphocyte, Eosinophil, ESR, Total RBC count, PCV, MCV, MCH, MCHC, Platelet count

Lipid Profile

Total Cholesterol, Triglycerides, HDL Cholesterol, LDL cholesterol, Total Cholesterol/HDL Ratio, VLDL

Liver Function Tests

Total Bilirubin, Direct Bilirubin, Indirect Bilirubin, SGOT, SGPT, Alkaline Phosphatase, Gamma GT, Total Protein, Serum Albumin, Globulin, A/G Ratio.



Arka

Center for Hormonal Health Pvt Ltd

ISO 9001-2008 Certified

Health Packages



5/2, First Avenue, Sastri Nagar, Adyar
Chennai-600020

Arka Center for Hormonal Health is a specialty center for Thyroid, Diabetes and all hormonal disorders. The purpose built center is located at 5/2, 1st Avenue, Sastri Nagar, Adyar, Chennai – 600 020.

Arka Center serves as a referral center for Chennai and parts of South India for adult and pediatric endocrinology.

1. Master Health checkup Package

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial Blood Sugar, Urea, Creatinine, Blood Grouping Rh typing, Urine Routine, Uric Acid, TSH and ECG

Diet Counselling and Consultation by a Physician.

2. Executive Health check up package

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood Sugar, HbA1C, Urea, Creatinine, Uric Acid, Blood Grouping Rh typing, Urine Routine, Electrolytes, TSH, ECG and USG abdomen

Diet Counselling and Consultation by a Physician.

3. Comprehensive Health check up

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, HbA1C, Urea, Creatinine, Free T3, Free T4, TSH, Uric Acid, Vitamin B12, Blood Grouping Rh Typing, Urine Routine, Electrolytes, Calcium, Phosphorus, Magnesium, Ferritin, CRP, 25-OH Vitamin D, ECG and USG abdomen

Diet Counselling, Lifestyle advice and Consultation by a Physician.

4. New patient Diabetic Profile

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, HbA1c, Urea, Creatinine, TSH, Urine Routine, Electrolytes, Microalbumin and ECG

Foot assessment by Doppler and biothesiometry, Diabetic Eye review and Dental check-up.

Diet Counselling, Life style advice and Consultation by a Physician

5. Annual Diabetic Health Check-up Package

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, Electrolytes, HbA1c, Microalbumin, Urine Routine and ECG

Foot assessment by Doppler and biothesiometry, Diabetic Eye review and Dental check-up.

Diet Counselling and Consultation by a Physician



6. Heart Check-up

Haemogram, Lipid Profile, SGOT/SGPT, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, TSH, Electrolytes, Urine Routine and ECG

Diet Counselling and Consultation by Cardiologist

7. Well Man Health Check-up

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, HbA1c, Blood Grouping – Rh typing, Urine Routine, Free T4, TSH, PSA and ECG

Diet Counselling and Consultation by a Physician



8. Well Woman Health Check-up

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood sugar, Urea, Creatinine, Blood Grouping – Rh typing, Urine Routine, Free T4, TSH, HbA1C, 25-OH Vitamin D, Calcium, Phosphorus and ECG

Diet Counselling and Consultation by a Physician

9. Obesity Package

Haemogram, Lipid Profile, Liver Function, Fasting Blood sugar, Post-prandial blood Sugar, HbA1C, Urea, Creatinine, Uric Acid, Blood Grouping Rh typing, Urine Routine, Electrolytes, CRP, Free T4, TSH, Microalbumin and ECG

Diet Counselling and Consultation by a Physician.